

Epilepsy Specialist Nurse



Patient Information Leaflet
Easy Read

If you need support to read this leaflet



A member of staff or a carer can support you to read this leaflet.

They will be able to answer any questions that you have.

Sunderland Action For Health website



Our website provides useful information for people with learning disabilities, their carers and health professionals.

Information on the website includes Easy Read factsheets, leaflets, health action plans and appointment letters.



www.sunderlandactionforhealth.co.uk

The Epilepsy Specialist Nurse can help you to manage your epilepsy.



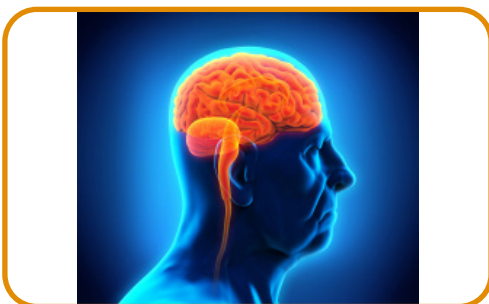
She can meet with you to talk to you about your epilepsy.



She can help you to keep a record of how often you are having seizures.



She can check that you are taking your medication properly and that it is working ok.



She can help to make sure you get the right health care for your epilepsy.

The Epilepsy Specialist Nurse can help to make sure you stay safe and well.



She can help you to understand what things can cause you to have a seizure.



There are different types of seizures. She can talk to you about the type of seizures you have and how you can keep yourself safe when you have one.



She can help your staff and family to understand about your epilepsy.



She can make sure your staff and family have guidelines about what to do when you have a seizure.



She can give people training about epilepsy so they understand how to support people.

How to contact us

Please contact us if you feel you need support from our Epilepsy Specialist Nurse.

Phone our Initial Response Service:



0303 123 1145

Our services are based at Community Treatment Team Learning Disabilities, Monkwearmouth Hospital, Newcastle Road, Sunderland, SR5 1NB.

Problems, complaints or suggestions



Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy.

We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288

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