

# The Health Transition Nursing Team



Patient Information Leaflet  
Easy Read



# If you need support to read this leaflet

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A member of staff or a carer can support you to read this leaflet.

They will be able to answer any questions that you have.

## Sunderland Action For Health website

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Our website provides useful information for people with learning disabilities, their carers and health professionals.

Information on the website includes Easy Read factsheets, leaflets, health action plans and appointment letters.



[www.sunderlandactionforhealth.co.uk](http://www.sunderlandactionforhealth.co.uk)

# The Health Transition Team support young people aged 14 to 19 years old.

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We help young people to move from using children's learning disabilities service to using adult learning disabilities services.



We work closely with young people, their families and carers.



We check that young people have good health care as they move from children's to adult services.



We make sure that young people's health care needs are part of their Education, Health and Care Plan.



We help adult learning disabilities services to understand the young person's health needs.

# We help to make sure young people can use mainstream health services.

Mainstream health services are the health services that everyone else uses. These include:



We speak up for young people



We work with GP surgeries so young people can have an annual health check from the age of 14.

# How to contact us

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Please contact us if you feel you need support from our Health Transition Nursing Team.



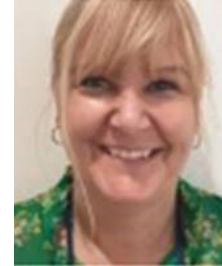
Kristy Barks



Hayley Cook



Lisa Plant



Heather Edwards

Our telephone numbers are:



0191 566 5633  
0303 123 1145

Our services are based at Community Treatment Team Learning Disabilities, Monkwearmouth Hospital, Newcastle Road, Sunderland, SR5 1NB.

## Problems, complaints or suggestions

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Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy.

We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288

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