



Patient and Carer Involvement Service



The Involvement Bank



What is involvement?

Involvement is when service users, carers and staff work together, sharing knowledge and expertise to develop services.

The Involvement Bank has helped build my confidence, see my worth and most of all made me feel included, welcomed and heard. It gave me so many opportunities I would never in a million years have believed could be possible for me to be a part of - Involvement Contributor

What is the involvement bank?

The Involvement Bank links services and teams, who have requested lived experience input into short term projects, with service users and carers (Contributors). This provides opportunity for staff, service users and carers to work **together** to develop CNTW services.

Types of involvement activities include:



Assisting with training of staff



Recruitment of staff



Service developments



Hospital inspections and visits



Attendance on reference groups



Delivering a personal journey presentation

Why is involvement important?

To ensure CNTW is best meeting the needs of people accessing services, service users and carers need to be at the heart of everything we do, involved in decision making and developing our services.

How do I join the Involvement Bank?



An Expression of Interest

If you are interested in joining the Involvement Bank, you can fill in an Expression of Interest form as instructed on the next page.



A friendly chat

A member of the Patient and Carer Involvement Team will contact you to have a chat about joining the Involvement Bank.



An Introduction Session

You will be invited to attend a session where you will learn more about how the Involvement Bank works and what you can expect.



Get involved

You will start to receive emails about upcoming involvement opportunities.

Recognition payments

As a thank you for your time and contribution to develop CNTW services, we are able to offer a recognition payment of £40 for up to 4 hours, for your support in Involvement Activities.



If you are interested in joining the Involvement Bank, please complete an expression of interest form by visiting:

www.cntw.nhs.uk/involvement

Alternatively, scan the QR code with your phone camera to complete an online form.



Contact us



01670 501 816



Involvement@cntw.nhs.uk