NHS
Cumbria, Northumberland, Tyne and Wear
NHS Foundation Trust

If you need urgent help, call 24 hours a day, 7 days a week

North Tyneside and Northumberland

Adults - 0800 652 2861

Children and young people - 0800 652 2862

Text for Deaf service users - 07887 625 277

North Cumbria

Adults - 0800 652 2865

Children and young people - 0800 652 2865

Text for Deaf service users - 0779 565 6226

Newcastle and Gateshead

Adults - 0800 652 2863

Children and young people - 0800 652 2864

Text for Deaf service users - 07919 228 548

Sunderland and South Tyneside

Adults - 0800 652 2867

Children and young people - 0800 652 2868

Text for Deaf service users - 07889 036 280