

The Kolvin Service

Understanding my story Information Leaflet



Understanding my story

We want to **understand** who you are and how best to support you.

First, we would like to meet with you to **understand you better**.


If there is **anyone important to you** that you think we should speak to please let us know.

You will be invited to a **meeting** where we listen to you, try to **understand your story** and think about your **plan**.


Then we put it all together to help you get a **good plan** for **now** and for the **future**.

Sometimes you might hear professionals call this **“formulation”**.

Areas we look at to understand you better:




How I've ended up here



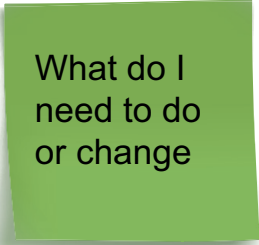
Things I'm good at




Things I find difficult



What keeps my problems going



What do I need to do or change



What help do I need from others

Helps people understand me

Helps you understand yourself

About me

Think about how to make things better

My Story



Useful information

The Kolvin Service - Patient Information Leaflet

<https://www.cntw.nhs.uk/resource-library/the-kolvin-service-community-adolescent-forensic-service/>

Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, easy read, BSL or other languages). Please contact the Patient Information Centre
Tel: 0191 246 7288

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